

Nirvana Yoga

Winter Class Series Currently in Session, view our website for drop-in details

Sunday Stretch
Sundays 10:00 am

Dec 4, 11, 18
Jan 8, 15, 22, 29
Feb 5, 12, 19, 26

Instructor: Dunya

Core Yoga
Mondays 5:30 pm

Dec 5, 12, 19
Jan 9, 16, 23, 30
Feb 6, 13, 20, 27

Instructor: Dunya

Yoga & Meditation
Tuesdays 7:00 pm

Dec 6, 13, 20
Jan 10, 17, 24, 31
Feb 7, 21, 28

Instructor: Dunya

Slow Flow
Wednesdays 5:45 pm

Dec 7, 14, 21
Jan 4, 11, 18, 25
Feb 1, 8, 15, 22

Instructor: Rebecca

\$20 per drop-in

Register online at
nirvanathruyoga.com

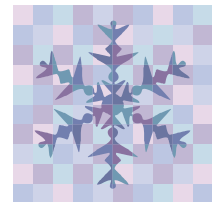
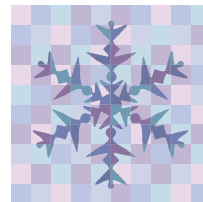
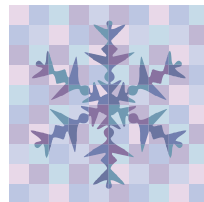
Cancellation Policy:

When you enroll in classes with us, you commit to being a part of our quaint studio for that day & time and we commit to offering you a semi-private yoga class experience at a group yoga class price. For these reasons, we do not offer refunds, make-up days or credits for missed classes.

**Yoga & Meditation classes are 75 minutes in length, all others are 60 minutes.*

**Instructors are subject to change.*

Nirvana Yoga
4183 W. Streetsboro Road
Richfield, OH 44286
330-564-3773
nirvanathruyoga.com



Intro to Yoga

Start your New Year off right...

Join Nirvana Yoga instructor Rebecca for this informative class series.

Ideal for those completely new to yoga, or just looking for a refresher on the basics.

Intro to Yoga

Tuesdays 5:45 pm – 6:45 pm

**6 week series begins Jan 17th (no class 2/14)
\$108 for the series, includes one bonus class***

**eligible to drop-in to any regularly scheduled class between Jan 18 – Feb 28, 2017. Subject to availability, details will be provided during the first night of Intro to Yoga.*